



Biboon-o-sheewin - Traditional Winter Camping

This introduction to traditional winter camping takes you back into Canada's history. Like the early trappers and First Nations people we will travel by snowshoe and haul toboggans to a lakeside campsite. We will camp for two nights in a heated canvas walled-tent and cook our meals over a portable wood-burning stove and campfire. During the day we will explore the surrounding forests and lakes by snowshoe to discover the beauty of winter landscapes and how wildlife survives the cold and snow. At night under the stars and in your cozy tent you will listen for the howls of a distant wolf pack and hear stories of the land from your leaders who have many years of winter camping and travel experience. Biboon-o-sheewin is the aboriginal word for comfortably wintering in the forest using snowshoes, toboggans and wood-heated tents.

Sample Itinerary

Day 1

- 1:30 pm Meet at the Stanhope Community Centre
 Travel to trailhead

- 2:00 Load sleds with gear and supplies
 Snowshoe to campsite

- 3:30 Orientation to camp
 Camp chores

- 5:00 Meal Preparation
 Dinner

- 7:00 Star Gazing
 Stories around the wood stove

Day 2

- 8:00 am Breakfast
 Camp chores

- 10:00 Snowshoe trek to explore area

- 12:30 Bush Lunch

- 2:00 Return to camp

	Rest and reflection
5:00	Meal Preparation Dinner
7:00	More stories around the Campfire
Day 3	
8:00 am	Breakfast Camp chores
9:30	More snowshoeing or rest and relaxation
11:00	Pack up and snowshoe to trailhead Depart for Stanhope Community Centre and home

Your Leaders

Bob Davis has travelled many miles by snowshoe and canoe across Ontario and Canada. This intrepid wilderness traveller is also a blacksmith, gardener, and musician (French Horn). His snowshoe adventures include treks in Labrador, Northern Ontario and a three week trip across Algonquin Park with Craig MacDonald and Karl Hartwick.

Craig Macdonald has worked 47 years for the Ontario Government and for the past 24 years as Recreation Specialist in Algonquin Park. He has gone on yearly snowshoe expeditions for the past 38 years. These have taken him through many wilderness areas in Eastern Canada. In his spare time he manufactures winter camping equipment and loves to be in the woods at all times of the year.

Karl Hartwick is a retired medical doctor and wilderness adventurer who has accompanied Bob and Craig on many trips.

Please note: This Itinerary may change. Yours Outdoors reserves the right to make changes in response to individual and group needs, availability of experience providers, weather, and other factors.

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